



# March Break

• CARP RIDGE ECOWELLNESS CENTRE CAMP •

Join us for a fun and adventure filled **March Break Camp** for ages **6-10** in a safe environment run by experienced instructors.

The children will be engaged in outdoor activities like trail and tracking walks, scavenger hunts, taffy making, fire building, snow soccer and snowshoeing.

Indoor activities will include creative kids yoga and movement, natural art activities, theme days and cooperative games.

MARCH

16-20

2386 Thomas Dolan Parkway, Ottawa K0A 1L0  
Camp will run from 9:00 am to 4:00 pm.  
Cost is \$300 + HST.  
Children provide their own lunch and snacks.



• ECOWELLNESS.COM • INFO@ECOWELLNESS.COM • 613-839-1198 •